FITNESS APP

* Nutrition
* Exercises
* Daily Journal
* User

Nutrition:

-product

-ingredient (product x quantity)

-meal (combination of products)

-weekly meal prep(optional)

API: <https://rapidapi.com/spoonacular/api/recipe-food-nutrition>

Design patterns: Fasada & Decorator / Builder

Exercises:

-exercise

-training

API: <https://rapidapi.com/mortimerbrian135/api/exerciseapi3>

User

- normal

- premium (“influencer”)

- Design patterns: Observator

Daily Journals:

list of Nutrition & Exercise stuff